



JOHN REGISTER'S

Contextual Model For Transforming Adversity Into Advantage

1

The Reckoning

Recognizing that certain desires cannot be regained after experiencing trauma.

2

The Revision

Committing to tackling obstacles and moving towards a new vision or revision in life, despite pushback from others and societal norms.

3

The Rebirth

Understanding that old systems and ideas cannot be applied to a new situation and accepting the difficult process of adjusting to this new environment.

4

The Resolve/Resolution:

Completing the work of the rebirth and shifting to a mindset of inviting others to join in one's new perspective, rather than longing for the past.

5

The Reward

Celebrating reaching a plateau in personal growth and understanding that the journey is ongoing, with different stages in different areas of life.